inscription face down, directly over a part of the body or over acupuncture points.

Research and laboratory tests confirm that when food and beverages are energized by the ADR Revitalizer Plate or Cup they provide therapeutic effects without side effects. The ADR Revitalizer Plate can be compared to pouring beneficial information into our bodies - which goes to each individual cell. This information carries a "program" regulating



physiological processes on all cellular levels.

The ADR Revitalizer Plate provides several additional benefits to the human body, such as an increase in stamina, vitality and strengthening of the body's immune system. The ADR Revitalizer Plate alters the intermolecular arrangement of water in alcoholic beverages reducing the "hangover" effect. Furthermore, placing cosmetics on the Plate improves the moisturizing properties and results in increased skin absorption of water contained in creams or body lotions.

Additional laboratory and clinical studies are currently in progress to determine other applications of the ADR Plate.

The device is completely safe to use and there are no side-effects.

Patients that use a cardiac heart pacer or other medical device affected by magnetic fields should not



ADR-4 Energy Stimulator: Awards

#### place the ADR Revitalizer Plate on their body.

For home or office, the ADR Cup with lid is a convenient and portable way to energize your water, tea and other favorite beverages.



### **ADR Mat Electric Radiation Shield**

#### The ADR MAT is an electric field screen based on



advanced technology of dielectric composites, which gives protection against harmful electric fields. The ADR MAT is designed to

frequency electric fields by the human body, which consists in 60% of water confined in various ways. The

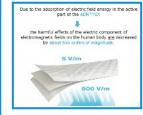
active part of ADR MAT consists of a polymer matrix in which various water-containing phases are randomly dispersed.

The exposure to primary and



secondary distribution wiring is continuous at night when resting. The ADR MAT is placed under a mattress to shield and to absorb electric fields minimizing their effect on the human body during sleep. The influence of electrical fields can cause sleep disorders, tiredness, an increase in blood pressure, weakening of the immune system and biological clock disruption - All factors that lead to serious illness.

The shielding of electric fields helps DNA replication and protein synthesis during the night because human



epidermal cells have a higher level of synthesis during the dark cycle of the circadian rhythm. It also supports DNA repair during the night when there is no UV damage caused

by the Sun because the free radicals produced are at a minimum due to a slower metabolism.

The ADR MAT used as an electric field screen placed under the mattress promotes deep relaxation as well as healthy and regenerative sleep. The ADR Mat can be placed on interior walls to block radiations from Smart Meters, in a crib or in a pets resting place under a

blanket. All Rights Reserved: Avatar Marketing www.adermark.com



The ADR line of products, winner of several international awards and backed by scientific studies provides effective results in reducing symptoms associated from various radiation fields found in our



environment. Exposure to emf, microwave, electronic and electric devices including Earth radiations may contribute to harmful effects on biological systems in the body that manifest as a lack of vitality leading to more serious health conditions. For example, research has shown an increased rate of leukemia among children exposed to high intensity low-frequency emf



fields. Further research concludes that there are disturbances in the mitotic cycle, changes in

Frequencies from 1 Hz - 300 MHz

hormone levels, neurotransmitters, cutokines as well as disturbances in calcium transmission signals

and an increase of free radical activity. Cell phones, for example, emit microwaves that have a thermal effect on brain tissue increasing localized cell temperatures by several degrees.

ADR Sustems offers a line of affordable tools to increase resistance to emf / microwave exposure, Mats to block electrical / emf fields and devices to energize water and food by clustering or structuring water.

AVATAR MARKETING Mail: 74511 - 2768 W. Broadway Vancouver, B.C. V6K 2G4 CANAD Email sales@adermark.com Telephone: 604-321-5361

# **ADR Protect Energy Stimulator**

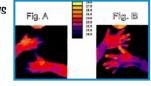
The ADR Protect Energy Stimulator is a revolutionary device that reduces the adverse effects from emf,



microwave, electronic smog and other environmental pollutants.

By equalizing the level of energy in all acupuncture meridians, the ADR Protect restores balance or homeostasis allowing the body to compensate efficiently from emissions generated by electric and electronic devices.

The picture to the right shows Thermographic research conducted at Karol Marcinkowski University of Medical Sciences, in Poznan



Poland. The Thermogram reveals a distinct increase in finger temperature (up to  $2^{\circ}$ C) indicating an improvement in blood flow and circulation.

The ADR Protect is made of flexible magnetic foil, which has the specific spatial distribution of a magnetic field. Precisely located, mathematically defined points are covered with a gelatin paste,



which is a composite of ceramic substances and metal oxides exhibiting specific far-infrared radiation absorption / emission properties. All materials and components used in the making of the ADR Protect are the result of extensive scientific research.

Pictured are suggested placement positions for the ADR

Protect. The ADR Protect has an adhesive backing so that it can be affixed to the outer surface of any electrical device such as a cell phone, computer

mouse, laptop, etc. Wearing the ADR Protect is also a good idea and it can be placed on a pendant or watch. For extremely emf sensitive individuals,



using multiple ADR Protects may prove to be the most effective way of reducing symptoms.

**Warning:** If you have a cardiac pacemaker or any other implanted device that is affected by magnetic fields DO NOT wear any ADR Protect product on the body.

### **ADR Shield**

### The ADR Shield Radiation Neutralizer Harmonizes Geopathic Frequencies and Low Level EMF Fields.

The ADR Shield is a ceramic disc, 72 mm (2.5/8'')



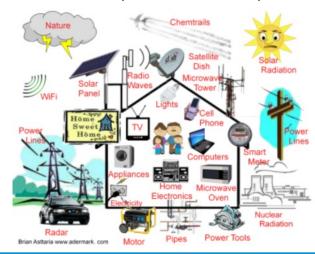
in diameter and 6 mm (1/4") thick and serves as a device to decrease or eliminate the harmful effects of electrical components of local low frequency emf fields. The Shield reduces the effects of alternating emf fields with a wide range of frequencies,

including the commonly used 50 &  $60~{
m Hz}$  band.

According to sources, the value of man-made alternating emf fields, especially in large cities can be 100,000 times higher than the Earth's natural field. The ADR Shield absorbs low frequency electric fields resulting in a harmonization within its localized radius.

Vitality and wellness can be affected by negative geopathic radiations that occur when there are underground water streams, sewage pipes, caves, mineral bodies or by emf fields generated by computers, appliances, and other electronic devices.

In normal conditions with low levels of radiation one ADR Shield will provide sufficient protection for an area of 100 sq. meters (1,100 sq. ft). To neutralize areas with high intensity of geopathic radiation, several ADR Shields are necessary. A tri-meter can be used but an experienced dowser will help determine



the level of radiation and recommend the number of ADR Shields required as well as their possible locations.

To clear a house, an apartment or a townhouse complex of geopathic influences or electronic smog, place several ADR Shields around the house. Placing the ADR Shield close to power supplies (near/under fuses or breakers) will help distribute positive energy along the electrical circuits of the building.

The ADR Shield can also be placed in the fridge to energize food. It can be used to energize plants and extend the life span of cut flowers by about 50%.

The ADR Shield works with the design face up. Using one or more ADR Protects and Shields will provide the most benefits.

## ADR Revitalizer Plate & Cup



Patented High-Tech Food and Beverage Energizer.

Any food or beverage containing water molecules can be energized with the ADR

Revitalizer Plate or Cup by placing it directly on the Plate with the ADR symbol face up or directly in the ADR Revitalizer Cup for approximately 3 minutes.

After 3 minutes have passed, the water molecules will be properly arranged and

energized. Longer exposure will not cause any further changes in energy or the intermolecular arrangement of the water molecules.



Consuming foods and liquids placed on the ADR Revitalizer Plate or Cup can contribute to an increase in vitality and health when used on a daily basis.

Best results are obtained when using fresh foods,



produce and spring or mineral water. Do not use a dishwasher when cleaning the Plate or Cup but normal cleaning under running water is fine. Further benefits may be obtained by placing the ADR Revitalizer Plate,